

LET'S EAT *Together*



Drinks & SHAKES

COFFEE



OUR 100% ARABICA BEANS ARE SUSTAINABLY HARVESTED.

SIGNATURE DINER BLEND

FREE REFILLS. REGULAR · DECAF Cal 0

CREAMERS AVAILABLE:
HAZELNUT · FRENCH VANILLA



COLD BREW COFFEE

UNSWEETENED Cal 60 · SWEETENED Cal 130
ALSO AVAILABLE BLACK.

SMOOTHIES



MADE WITH REAL FRUIT, JUICE AND NONFAT YOGURT.

NEW! TROPICAL GREEN GF Cal 320

STRAWBERRY BANANA BLISS GF Cal 330



GROOVY MANGO GF Cal 340

OTHER BEVERAGES

FREE REFILLS. SELECTION MAY VARY.

SOFT DRINKS



Cal 180 0 170 140 200 190 190

FREE FLAVOR SHOT. CHERRY · VANILLA Cal 80

HOT TEA / HERBAL TEA Cal 0

HOT CHOCOLATE Cal 190

MILK SHAKES

MADE WITH PREMIUM ICE CREAM AND TOPPED WITH WHIPPED CREAM. PLUS, A LITTLE EXTRA IN THE TIN.

CHOCOLATE PEANUT BUTTER GF Cal 1200

PEANUT BUTTER BANANA GF Cal 1150

NEW! HORCHATA GF Cal 670

STRAWBERRY GF Cal 760

CAKE BATTER Cal 1090

CHOCOLATE GF Cal 870

VANILLA GF Cal 800

OREO® Cal 1050

Cal = Calories 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PREMIUM LEMONADES

FREE REFILLS.

PREMIUM MINUTE MAID® LEMONADES ARE MADE WITH REAL LEMONS AND NATURAL FLAVORS.



LEMONADE Cal 150

MANGO LEMONADE Cal 210

STRAWBERRY LEMONADE Cal 210

ICED TEAS

FREE REFILLS.



FRESH BREWED TEA Cal 5 / 160

LEMONADE TEA Cal 80

FUZE® RASPBERRY TEA Cal 110



JUICE & MILK



MINUTE MAID® ORANGE JUICE Cal 210

OTHER JUICES

APPLE Cal 210 · TOMATO Cal 90
RUBY RED GRAPEFRUIT Cal 240

2% MILK Cal 230

CHOCOLATE MILK

REDUCED FAT Cal 290



UPGRADE YOUR BUTTERMILK
PANCAKES TO **HEARTY
9-GRAIN PANCAKES**
Cal 410

Signature SLAMS

SUBSTITUTE HEALTHIER
ITEMS LIKE **EGG WHITES** AND
SUGAR-FREE SYRUP.



FIT SLAM®

Egg whites scrambled together with fresh spinach and grape tomatoes, plus turkey bacon strips, an English muffin and seasonal fruit. Cal 430



GF when you choose the Gluten Free English Muffin



LUMBERJACK SLAM®

Buttermilk pancakes, grilled ham, bacon strips, sausage links, eggs*, hash browns and choice of bread. Cal 1180-1480



ALL-AMERICAN SLAM®

Three scrambled eggs with Cheddar cheese, bacon strips, sausage links, hash browns and choice of bread. Cal 840-1210



GRAND SLAM SLUGGER®

Buttermilk pancakes, eggs*, bacon strips and sausage links. Served with hash browns or choice of bread, plus coffee and juice. Cal 1010-1450

BUILD YOUR OWN *Grand Slam®*

Pick **FOUR** items and make it your own. Cal 260-1780

- 2 Bacon Strips **GF** Cal 100
- 2 Sausage Links **GF** Cal 160
- 2 Turkey Bacon Strips **GF** Cal 60
- 2 Eggs* **GF** Cal 130-220
- 2 Egg Whites **GF** Cal 80
- 2 Buttermilk Pancakes Cal 450
- 2 Slices of Toast Cal 230-280
- Buttermilk Biscuit Cal 240
- English Muffin Cal 170
- Gluten Free English Muffin **GF** Cal 180
- Hash Browns **GF** Cal 170

- Grits (6 am - 2 pm only) Cal 90
- Oatmeal (6 am - 2 pm only) Cal 240

PREMIUM ITEMS

- Grilled Ham Slice **GF** Cal 90
- Hearty Breakfast Sausage **GF** Cal 350
- Seasonal Fruit **GF** Cal 110 (Selection may vary.)
- 2 Hearty 9-Grain Pancakes Cal 410

Or order the **ORIGINAL GRAND SLAM®** and get two buttermilk pancakes, two eggs*, two bacon strips and two sausage links. Cal 780-930

ADD *Additional Items*
TO YOUR
BUILD YOUR OWN GRAND SLAM®

(Limit two items.)
Additional charge for premium items.



FRENCH TOAST SLAM®

Served with eggs*, bacon strips and sausage links. Cal 930-1080

BELGIAN WAFFLE SLAM®

Served with eggs*, bacon strips and sausage links. Cal 720-870

FIT FARE®: Over 20g of protein Under 15g of fat Under 550 calories

GF indicates food options that are **GLUTEN FREE**. Menu items marked as GF meet the FDA specified definition of less than 20 parts per million for a gluten free claim. Please note that our restaurants are not set up as a strictly gluten free environment.

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP OR SOFT-BOILED MAY BE UNDERCOOKED AND WILL ONLY BE SERVED UPON THE CONSUMERS' REQUEST. NOTICE: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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PREMIUM *Craft* PANCAKES

SERVED WITH **TWO EGGS***, HASH BROWNS, PLUS **TWO BACON STRIPS** OR **TWO SAUSAGE LINKS**.



NEW! TRES LECHES PANCAKE BREAKFAST

Buttermilk pancakes cooked with cinnamon sugar, topped with horchata ice cream, whipped cream and more cinnamon sugar. Pour on the warm cream sauce for an authentic Tres Leches experience. Cal 1220-1470

PANCAKES ONLY Cal 910



NEW! CINNAMON ROLL PANCAKE BREAKFAST

Buttermilk pancakes cooked with cinnamon crumb topping and topped with whipped cream. Served with a pitcher of warm cream cheese icing for drizzling. Cal 1660-1900
Substitute warm salted caramel. Cal 1530-1780

PANCAKES ONLY Cal 1350 / 1220



SALTED CARAMEL & BANANA CREAM PANCAKE BREAKFAST

Buttermilk pancakes cooked with shortbread pieces and topped with vanilla cream, bananas and more shortbread pieces. Served with a pitcher of warm salted caramel for drizzling. Cal 1450-1690

PANCAKES ONLY Cal 1140

Fluffy PANCAKES



DOUBLE BERRY BANANA PANCAKE BREAKFAST

Buttermilk pancakes cooked with blueberries and topped with fresh seasonal berries, bananas and whipped cream. Cal 860-1100
Berry selection based on seasonality.

BLUEBERRY PANCAKE BREAKFAST Cal 770-1010



shown with Hearty Breakfast Sausage upgrade

NEW! CHOCONANA PANCAKE BREAKFAST

Ghirardelli® chocolate chips cooked inside buttermilk pancakes. Topped with bananas, more Ghirardelli® chocolate chips and whipped cream. Cal 1220-1470

UPGRADE TO
Hearty
BREAKFAST SAUSAGE ^{GF}
Cal 350



HEARTY 9-GRAIN PANCAKE BREAKFAST

Multigrain wheat pancakes made with flaxseeds, cinnamon & brown sugar. Served with seasonal fruit instead of hash browns. Cal 650-900

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Savory THREE-EGG OMELETTES

SERVED WITH **HASH BROWNS** AND CHOICE OF **BREAD**.



NEW! WILD WEST OMELETTE

Ham, fire-roasted bell peppers & onions, jalapeños and American cheese. Cal 650-1030

GF when you choose the Gluten Free English Muffin



PHILLY CHEESESTEAK OMELETTE

Grilled prime rib, fire-roasted bell peppers & onions, sautéed mushrooms and Swiss cheese. Cal 780-1160

GF when you choose the Gluten Free English Muffin



LOADED VEGGIE OMELETTE

Fresh spinach, sautéed mushrooms, sautéed zucchini & squash, tomatoes and Swiss cheese. Cal 530-910

 |   when you choose egg whites, seasonal fruit and an English muffin as your sides

GF when you choose the Gluten Free English Muffin



ULTIMATE OMELETTE®

Sausage, bacon, fire-roasted bell peppers & onions, mushrooms, tomatoes and Cheddar cheese. Cal 790-1170

GF when you choose the Gluten Free English Muffin



MY HAMMY & CHEESE OMELETTE

Ham with Swiss & American cheeses. Cal 680-1060

GF when you choose the Gluten Free English Muffin

NEW! BUILD YOUR OWN *Omelette*

Pick **FOUR** items and make it your own. Cal 430-1530

EXTRA ITEMS

VEGETABLES **GF**

Caramelized Onions Cal 70
Fire-Roasted Bell Peppers & Onions Cal 70
Fresh Spinach Cal 5
Jalapeños Cal 5
Pico de Gallo Cal 15
Sautéed Mushrooms Cal 50
Tomatoes Cal 10

CHEESES **GF**

American Cal 80
Cheddar Cal 80
NEW! Feta Cal 80
Italian Cheese Blend Cal 70
Pepper Jack Queso Cal 100
Swiss Cal 80

MEATS **GF**

Bacon Cal 100
Chorizo Sausage Cal 330
Ham Cal 90
Sausage Cal 180
Turkey Bacon Cal 60



SIDES

4 Bacon Strips **GF** Cal 210
4 Turkey Bacon Strips **GF** Cal 130
4 Sausage Links **GF** Cal 320
Hearty Breakfast Sausage **GF** Cal 350
Grilled Ham Slice **GF** Cal 90
Eggs* (each) **GF** Cal 60-110
2 Slices of Toast Cal 230-280

2 Buttermilk Biscuits Cal 470
English Muffin Cal 170
Gluten Free English Muffin **GF** Cal 180
Hash Browns **GF** Cal 170
Cheddar Cheese Hash Browns **GF** Cal 250
Everything Hash Browns Cal 310
(onions, Cheddar cheese & country gravy)

Red-Skinned Potatoes **GF** Cal 200
Grits (6 am - 2 pm only) Cal 90
Oatmeal (6 am - 2 pm only) Cal 240
Seasonal Fruit **GF** Cal 110
(Selection may vary.)

FIT FARE®:  Over 20g of protein  Under 15g of fat  Under 550 calories

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SIZZLIN' *Breakfast*
SKILLETS

CAUTION: Skillets are hot.
Handle with care.



SANTA FE SIZZLIN' SKILLET GF

Chorizo sausage, fire-roasted bell peppers & onions, mushrooms and seasoned red-skinned potatoes. Topped with Cheddar cheese and eggs.* Cal 720-940



FIT FARE® VEGGIE SIZZLIN' SKILLET GF

Seasoned red-skinned potatoes, fire-roasted bell peppers & onions, mushrooms and broccoli. Topped with egg whites scrambled with fresh spinach and grape tomatoes. Served with a side of salsa. Cal 390



SUPREME SIZZLIN' SKILLET GF

Sausage, fresh spinach, fire-roasted bell peppers & onions, mushrooms, grape tomatoes and seasoned red-skinned potatoes. Topped with Cheddar cheese and eggs.* Cal 660-810

ADD *Toast OR Tortillas*
TO ANY SKILLET

Cal 230-280 / 260

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Classic BREAKFAST
FAVORITES

STEAK & EGGS

SERVED WITH TWO EGGS*, HASH BROWNS AND CHOICE OF BREAD.



COUNTRY-FRIED STEAK & EGGS*

A chopped beef steak smothered in country gravy. Cal 770-1080



T-BONE STEAK* & EGGS*

A 13 oz. seasoned T-Bone steak.* Cal 870-1170

GF when you choose the Gluten Free English Muffin

BREAKFAST MELTS

SERVED WITH HASH BROWNS.



THE GRAND SLAMWICH®

Scrambled eggs, sausage, bacon, ham and American cheese on potato bread grilled with a maple spice spread. Cal 1170-1320



MOONS OVER MY HAMMY®

Ham and scrambled egg sandwich with Swiss & American cheeses on grilled sourdough. Cal 800-950

Shareable STARTERS



BUILD YOUR OWN SAMPLER™

Served with choice of dipping sauces.

PICK FOUR Cal 1140-2850 | **PICK THREE** Cal 860-2140

NEW! Premium Chicken Tenders Cal 270 Chips & Queso Cal 570
NEW! Boneless Chicken Wings Cal 460 Mozzarella Cheese Sticks Cal 280
NEW! Beer-Battered Onion Rings Cal 400 Bacon Cheddar Tots Cal 300

MOZZARELLA CHEESE STICKS

Served with a side of tomato sauce. Cal 580



ITALIAN SAMPLER

Mozzarella Cheese Sticks, garlic bread and seasoned meatballs covered in tomato sauce and Italian cheeses. Cal 1250



LOADED NACHO TOTS

House-made Bacon Cheddar Tots topped with Cheddar cheese, Pepper Jack queso, seasoned nacho meat, bacon, jalapeños and sour cream. Cal 980



Soup OF THE DAY

BOWL	CUP
Mon & Tues: VEGETABLE BEEF	Cal 310 / 200
Wed & Thurs: LOADED BAKED POTATO	Cal 470 / 360
Fri, Sat & Sun: CHICKEN NOODLE	Cal 390 / 260

Add a **CUP OF SOUP** to any entrée
Cal 200-360

Selection may vary by location.
Available from 11 am to 10 pm.



ZESTY NACHOS ^{GF}

Tortilla chips cooked fresh to order. Topped with Pepper Jack queso, Cheddar cheese, seasoned nacho meat, fresh pico de gallo and sour cream. Cal 1650
HALF ORDER Cal 870

New & Improved CHICKEN RECIPE



NEW! PREMIUM CHICKEN TENDERS

Premium golden-fried chicken tenderloins with choice of dipping sauce. Cal 690-930



NEW! BONELESS CHICKEN WINGS

All-white-meat boneless wings, lightly breaded and tossed in BBQ or Buffalo sauce. Served with celery and choice of dipping sauce. Cal 930-1170

Mild Sauces

NEW! DEN SAUCE Cal 220	BLUE CHEESE Cal 160	RANCH Cal 200
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Sweet & Tangy Sauces

BBQ Cal 110	BOURBON Cal 110	HONEY MUSTARD Cal 180	ALL-AMERICAN Cal 250
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Spicy Sauces

NEW! BUFFALO Cal 110	NEW! MANGO HABANERO Cal 100	CREAMY SRIRACHA Cal 160
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Super SANDWICHES

SERVED WITH **WAVY-CUT FRIES** OR **SEASONAL FRUIT**.



CALI CLUB SANDWICH

Turkey breast, ham, bacon, Swiss cheese and fresh avocado on toasted 7-grain bread with sun-dried tomato mayo, lettuce and tomato. Cal 930-1210



shown with Seasoned Fries upgrade

NEW! GRILLED TUSCAN CHICKEN SANDWICH

Seasoned chicken breast topped with Swiss cheese, bacon, sun-dried tomato mayo, lettuce, tomato, red onions and pickles on our new multigrain bun. Cal 910-1200

Fresh SALADS



shown with grilled chicken add-on

CAESAR SALAD **GF**

Bacon crumbles and Italian cheeses on fresh romaine lettuce tossed with Caesar dressing. Cal 440



THE SUPER BIRD®

Turkey breast with Swiss cheese, bacon and tomato on grilled sourdough. Cal 700-990



NEW! MEGA PHILLY CHEESE MELT

Choice of prime rib or grilled seasoned chicken breast with sautéed mushrooms, fire-roasted bell peppers & onions, Italian cheeses and Pepper Jack queso on a hoagie roll grilled with garlic & herbs.

PRIME RIB Cal 1010-1300

GRILLED CHICKEN Cal 910-1200

POT ROAST MELT

Slow-cooked pot roast with melted American cheese, mushrooms and caramelized onions on grilled 7-grain bread. Cal 980-1270

CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted 7-grain bread. Cal 940-1230

SIDES

NEW! Beer-Battered
Onion Rings Cal 400
Seasoned Fries Cal 490
Wavy-Cut Fries **GF** Cal 400
Bacon Cheddar Tots Cal 300

Garden Side Salad Cal 190-390
Add to any entrée
Caesar Side Salad Cal 260
Add to any entrée
Seasonal Fruit **GF** Cal 110
(Selection may vary.)



shown with prime rib add-on

COBB SALAD **GF**

Bacon, fresh avocado, grape tomatoes, Cheddar cheese, hard-boiled egg and potato sticks atop a bed of iceberg mix. Served with choice of dressing. Cal 460-850

HOUSE SALAD

Cucumbers, grape tomatoes, Cheddar cheese and croutons atop a bed of iceberg mix. Served with choice of dressing. Cal 220-610

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Salad ADD-ONS

NEW! Premium Chicken
Tenders Cal 410
Grilled Chicken **GF** Cal 200
Prime Rib **GF** Cal 130
Wild Alaska Salmon **GF** Cal 310
Fresh Avocado **GF** Cal 45

100% BEEF BURGERS

SERVED WITH WAVY-CUT FRIES OR SEASONAL FRUIT.



NEW! AMERICA'S DINER DOUBLE

American cheese, caramelized onions and All-American sauce on a brioche bun.

Cal 990-1620

SINGLE ONLY

Cal 700-1180



SPICY SRIRACHA BURGER

Cheddar cheese, bacon, jalapeños, creamy Sriracha sauce, lettuce, tomato, red onions and pickles on a brioche bun.

Cal 830-1310



BOURBON BACON BURGER

Cheddar cheese, bacon, sautéed mushrooms, fire-roasted bell peppers & onions, bourbon sauce, lettuce, tomato, red onions and pickles on a Cheddar bun.

Cal 820-1320



DOUBLE CHEESEBURGER

Choice of American, Swiss or Cheddar cheese with lettuce, tomato, red onions and pickles on a brioche bun.

Cal 900-1540



SLAMBURGER™

Hash browns, an egg*, bacon and Pepper Jack queso on a brioche bun.

Cal 790-1350



BACON AVOCADO CHEESEBURGER

Bacon, fresh avocado, Cheddar cheese, mayo, lettuce, tomato, red onions and pickles on a brioche bun.

Cal 910-1400



NEW! Beer-Battered ONION RINGS

Cal 400



Seasoned FRIES

Cal 490



Bacon CHEDDAR TOTS

Cal 300



BUILD YOUR OWN

Burger

Lettuce, tomato, red onions and pickles included. Cal 430-1510

PICK YOUR PATTY

100% Beef Patty **GF** Cal 360
Grilled Seasoned
Chicken Breast **GF** Cal 200
Veggie Patty Cal 210

EXTRA PATTY

FIND YOUR BASE

Brioche Bun Cal 250
Cheddar Bun Cal 250
NEW! Multigrain Bun Cal 200

SAY CHEESE

Swiss **GF** Cal 80 American **GF** Cal 80
Cheddar **GF** Cal 80 **EXTRA CHEESE**

ADD YOUR TOPPINGS

Caramelized Onions **GF** Cal 70
Jalapeños **GF** Cal 5
Mayo **GF** Cal 100

BBQ Sauce **GF** Cal 70
Bourbon Sauce Cal 110

PREMIUM TOPPINGS

Fresh Avocado **GF** Cal 45
2 Bacon Strips **GF** Cal 100

Sautéed
Mushrooms **GF** Cal 50

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Deluxe DINNER **CLASSICS**

SERVED WITH **TWO SIDES** AND **DINNER BREAD****



NEW & IMPROVED! PREMIUM CHICKEN TENDERS
 Premium golden-fried chicken tenderloins served with choice of dipping sauce. Cal 810-1770



SLOW-COOKED POT ROAST
 Slow-cooked pot roast, sautéed mushrooms and caramelized onions covered in gravy. Cal 650-1370
 when you choose broccoli and sautéed zucchini & squash and without dinner bread

SIZZLIN' *Dinner* **SKILLET**



CRAZY SPICY SIZZLIN' SKILLET **GF**
 Chorizo sausage, fire-roasted bell peppers & onions, mushrooms, jalapeños and seasoned red-skinned potatoes. Topped with grilled seasoned chicken breast, Cheddar cheese, a spicy five pepper sauce and Pepper Jack queso. Cal 1040
ADD TWO EGGS* **GF** Cal 80-220

**No dinner sides or bread included with skillets.

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HOMESTYLE MEATLOAF
 Seasoned meatloaf topped with tomato sauce. Cal 840-1560



MEDITERRANEAN GRILLED CHICKEN
 Grilled chicken breasts seasoned with Greek herbs & spices, topped with tomato bruschetta and feta cheese. Cal 890-1610
GF when you choose two Gluten Free sides and the Gluten Free English Muffin



BROOKLYN SPAGHETTI & MEATBALLS
 Seasoned meatballs atop a bed of pasta covered in tomato sauce and served with a side of Italian cheeses. Cal 1100
****No dinner sides included.**

CAUTION: Skillets are hot. Handle with care.



BOURBON CHICKEN SIZZLIN' SKILLET
 Grilled seasoned chicken breasts covered with a bourbon glaze, topped with fire-roasted bell peppers & onions and mushrooms, all atop broccoli and seasoned red-skinned potatoes. Cal 870

ADD
Toast OR Tortillas
TO ANY SKILLET

Cal 230-280 / 260

Seafood & STEAKS

SERVED WITH **TWO SIDES** AND **DINNER BREAD**.



T-BONE STEAK*

A 13 oz. seasoned T-Bone steak* Cal 750-1470

GF when you choose two Gluten Free sides and the Gluten Free English Muffin


NEW! GARLIC PEPPERCORN SIRLOIN*

A USDA choice cut, 8 oz. seasoned sirloin steak* topped with garlic peppercorn butter. Cal 670-1400

 |  when you choose broccoli and sautéed zucchini & squash and without dinner bread

NEW! SIRLOIN STEAK*



A USDA choice cut, 8 oz. seasoned sirloin steak* Cal 600-1320

 |  when you choose red-skinned mashed potatoes and sautéed zucchini & squash and without dinner bread

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

WILD ALASKA SALMON

A grilled wild-caught Alaska salmon fillet with a buttery herb glaze. Cal 560-1290

 |  when you choose red-skinned mashed potatoes and broccoli and without dinner bread



GF when you choose two Gluten Free sides and the Gluten Free English Muffin

COUNTRY-FRIED STEAK

Chopped beef steak smothered in country gravy. Cal 880-1610

NEW! GRILLED HADDOCK

A grilled wild-caught haddock fillet with a buttery herb glaze. Cal 540-1270

 |  when you choose red-skinned mashed potatoes and broccoli and without dinner bread

GF when you choose two Gluten Free sides and the Gluten Free English Muffin



Wild, Natural & Sustainable®

SIDES



NEW! SOUTHWEST CREAMED CORN **GF**
Creamed corn with jalapeños and Parmesan cheese. Cal 240



FRESH SAUTÉED ZUCCHINI & SQUASH **GF** Cal 70



RED-SKINNED MASHED POTATOES
Cal 120-170
GF without gravy



WHOLE GRAIN RICE Cal 240



RED-SKINNED POTATOES **GF** Cal 200



WAVY-CUT FRIES **GF** Cal 400



BROCCOLI **GF** Cal 35

FIT FARE®:  Over 20g of protein  Under 15g of fat  Under 550 calories

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55+ *Diner* MEALS

SUBSTITUTE HEALTHIER ITEMS LIKE **EGG WHITES** AND **SUGAR-FREE SYRUP**.

BREAKFAST

55+ SCRAMBLED EGGS & CHEDDAR BREAKFAST

Scrambled eggs with Cheddar cheese, plus bacon strips, sausage links and buttermilk pancakes. Cal 860-1010

55+ BELGIAN WAFFLE SLAM®

Served with an egg* and bacon strips or sausage links. Cal 480-650

55+ STARTER™

An egg* with one bacon strip or one sausage link. Served with choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast, biscuit or an English muffin. Cal 310-670

GF when you choose the Gluten Free English Muffin

55+ FIT FARE® LOADED VEGGIE OMELETTE

Egg white omelette with fresh spinach, mushrooms, sautéed zucchini & squash, tomatoes and Swiss cheese. Served with seasonal fruit and an English muffin. Cal 430



GF when you choose the Gluten Free English Muffin

55+ OMELETTE

Two-egg omelette with sautéed onions, bacon, tomatoes and Cheddar cheese. Served with choice of seasoned red-skinned potatoes, hash browns or seasonal fruit and choice of toast, biscuit or an English muffin. Cal 570-960

GF when you choose the Gluten Free English Muffin

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LUNCH

55+ CLUB SANDWICH

Turkey breast, bacon, lettuce, tomato and mayo on toasted 7-grain bread. Served with wavy-cut fries. Cal 1090

55+ GRILLED CHEESE SANDWICH & SOUP

American cheese on grilled sourdough bread and a cup of soup. Cal 640-790

Soup available from 11 am to 10 pm. Other side choices available upon request.

DINNER

INCLUDES CHOICE OF **CAESAR SIDE SALAD**, **GARDEN SIDE SALAD** OR **CUP OF SOUP**.

Soup available from 11 am to 10 pm.

55+ GRILLED CHICKEN

Grilled seasoned chicken breast served with two sides and dinner bread. Cal 630-1560

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

55+ COUNTRY-FRIED STEAK

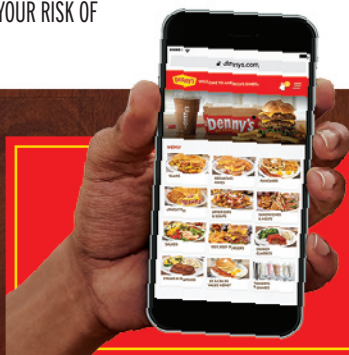
A chopped beef steak smothered in country gravy. Served with two sides and dinner bread. Cal 840-1760

NEW! 55+ GRILLED HADDOCK

A grilled wild-caught haddock fillet with a buttery herb glaze. Served with two sides and dinner bread. Cal 730-1650

GF when you choose two Gluten Free sides and the Gluten Free English Muffin

FIT FARE®: Over 20g of protein Under 15g of fat Under 550 calories



Denny's
ON DEMAND

ORDER AT [DENNYS.COM](https://dennys.com) OR TEXT DOD TO 336697 TO DOWNLOAD THE DENNY'S APP.

DENNY'S SUPPORTS

NOKID HUNGRY®
DENNYSNOKIDHUNGRY.COM



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DENNY'S WAS CREATED TO BRING PEOPLE TOGETHER AND HAS ALWAYS BEEN A PLACE WHERE PEOPLE CAN COME IN, SIT DOWN AND CONNECT WITH ONE ANOTHER. A PLACE WHERE WE CAN BE OURSELVES AND FEEL LIKE WE BELONG. A PLACE WHERE YOU CAN HAVE "THE USUAL" OR TRY SOMETHING NEW. WE'RE SO GLAD YOU'RE HERE, AND WE'RE ALREADY LOOKING FORWARD TO YOUR NEXT VISIT—BECAUSE WE LOVE SEEING YOU AT DENNY'S.



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